

# P. CLAY ROWELL, PHD, NCC, LPC, CPCS

Professor and Department Chair  
Department of Counseling  
The University of North Georgia

[www.clayrowell.com](http://www.clayrowell.com)

## Curriculum Vita

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### Education

The University of North Carolina at Greensboro	PhD	Counselor Education	2005
<b>Cognate:</b> <i>Sociology</i>			
The University of Alabama at Birmingham	EdS	Community Counseling	2002
<b>Concentration:</b> <i>Multicultural Counseling</i>			
The University of Alabama at Birmingham	MA	Agency Counseling	1998
Birmingham-Southern College	BS	Business Finance	1992

### Licensure and Certification

Licensed Professional Counselor # 5860, State of Georgia  
Board Certified Counselor #96235, National Board of Certified Counselors  
Certified Professional Counselor Supervisor #138, Licensed Professional Counseling  
Association of Georgia

### Teaching Experience

*COUN 6000*: Counseling Foundations & Ethics, University of North Georgia, 2016-Present

*COUN 7013*: Grief Counseling, University of North Georgia, 2018-Present

*COUN 6400*: Career & Lifestyle Counseling, University of North Georgia, 2014-Present

*COUN 6410*: Career & Lifestyle Counseling Lab, University of North Georgia, 2014-Present

*COUN 7300*: Crisis & Trauma Counseling, University of North Georgia, 2013-Present

*COUN 7012*: Spirituality in Counseling, University of North Georgia, 2013-Present

*COUN 6500*: Multicultural Counseling, University of North Georgia, 2012-Present

*COUN 6510*: Multicultural Counseling Lab, University of North Georgia, 2012-Present

*COUN 7970*: Crisis and Grief & Loss Counseling, University of North Georgia, 2011-Present (Fully Online)

*COUN 6040*: Counseling Ethics, University of North Georgia, 2010-2014 (Fully Online)

*COUN 6300*: Group Counseling, University of North Georgia, 2010-Present

*COUN 6310*: Group Counseling Lab, University of North Georgia, 2010-Present

*PSYC 4650*: Group Dynamics, University of North Georgia, 2010

*COUN 6100*: Counseling Techniques, University of North Georgia, 2009-Present

*COUN 6110*: Counseling Techniques Lab, University of North Georgia, 2011-Present

*COUN 7150*: Psychopathological Diagnosis, University of North Georgia, 2009

*COUN 6700*: Research in Counseling, University of North Georgia, 2009-Present (Fully Online)

*CED 603*: Contemporary College Students, The University of North Carolina at Greensboro, 2008–2009

*CED 602*: Introduction to Student Development in Higher Education, The University of North Carolina at Greensboro, 2007–2008

*CED 774*: Advanced Career Theories and Counseling, The University of North Carolina at Greensboro, 2008

*CED 645*: Mental Health Issues in Genetic Counseling, The University of North Carolina at Greensboro, 2008

*HDSV 602*: Human Development, North Carolina A&T State University, 2006–2007

*HDSV 765*: Counseling Practicum, North Carolina A&T State University, 2006

*CED 673*: Group Process and Leadership, The University of North Carolina at Greensboro, 2006 & 2008

*CED 669*: Career Development and Counseling, The University of North Carolina at Greensboro, 2005–2008

*CED 650*: Group Counseling: Theory and Practice, The University of North Carolina at Greensboro, 2005 & 2009

*CED 210: Career and Life Planning*, The University of North Carolina at Greensboro, 2004

*CED 310: Helping Skills*, The University of North Carolina at Greensboro, 2003–2006

*CED 506: Institutes in Education: Basic Helping Skills for Gerontologists*,  
The University of North Carolina at Greensboro, 2002

*Time Management*, The University of Alabama at Birmingham, 2002

## **Thesis Committees and Directed Student Research**

### **University of North Georgia**

*Chair*, thesis committee for LaReine Meinersmann (Clinical Mental Health Counseling Graduate Student)

*Chair*, thesis committee for Cally Taylor (Clinical Mental Health Counseling Graduate Student)

*Chair*, thesis committee for Brittany Currans (Clinical Mental Health Counseling Graduate Student)

*Chair*, thesis committee for Holly Redmond (Clinical Mental Health Counseling Graduate Student)

*Chair*, thesis committee for Wesley Allen (Clinical Mental Health Counseling Graduate Student)

*Chair*, thesis committee for Gabrielle Crider (Community Counseling Graduate Student)

*Member*, thesis committee for Kiara Williams (Clinical Mental Health Counseling Graduate Student)

*Member*, thesis committee for Gwendell Gravitt (Community Counseling Graduate Student)

*Member*, thesis committee for Whit Hays (Honors Undergraduate Student)

*Member*, thesis committee for Heather Moody (Honors Undergraduate Student)

### **The University of North Carolina at Greensboro**

*Director*, individual research for Amy Fraser (College Counseling Graduate Student)

*Director*, individual research for Leigh Marquess (College Counseling Graduate Student)

*Director*, individual research for Dione Brigola (College Counseling Graduate Student)

*Director*, individual research for Linda Pollock (College Counseling Graduate Student)

*Director*, individual research for Ashley Babladelis (College Counseling Graduate Student)

*Director*, individual research for Lewis Bozard (Counselor Education Doctoral Student)

*Director*, individual research for Laura Wyatt (Counselor Education Doctoral Student)

## **Counseling Supervision Experience**

*Supervisor*, Supervising counselors for licensure, State of Georgia, 2012-Present

*COUN 7510 & 7520: Counseling Internship*, University of North Georgia, 2010-Present

*COUN 7500: Counseling Practicum*, University of North Georgia, 2010-Present

*CED 781, Counseling Supervision*, The University of North Carolina at Greensboro,

2007–2008

*CED 780*, Doctoral Internship, The University of North Carolina at Greensboro, 2006–2009

*CED 680*, Counseling Internship, The University of North Carolina at Greensboro,  
2004–2007

*ECG 697*, Counseling Internship, The University of Alabama at Birmingham, 2001–2002

*ECG 695*, Counseling Practicum, The University of Alabama at Birmingham, 2001

*Supervisor*, Masters level practica, The University of North Carolina at Greensboro,  
2002–2004

### **Counseling Experience**

*Counselor*, Private Practice, Plan Be: Counseling & Consulting Services 2012–Present

*Counselor*, Nicholas A Vaac Counseling and Consulting Clinic, UNCG 2004–2009  
College Student Mental Health & Career Counseling

*Counselor*, Triad Behavioral Resources 2003  
Individual & family counseling in a private agency  
Group work with adolescent males in group homes

*Counselor*, Three Springs of North Carolina 2003  
Individual and group counseling with adolescent males in a residential facility

*Counselor*, University of Alabama at Birmingham 1998–2002  
Academic, career, and mental health counseling

*Substance Abuse Counselor*, Northwest Alabama Treatment Center 1998  
Individual counseling

*Counselor Intern*, Birmingham-Southern College 1997–1998  
Career and mental health counseling

*Counseling Practica*, University of Alabama at Birmingham 1995–1997

### **Honors and Awards**

*Recipient*, UNG College of Health Sciences & Professions Teaching Innovation Award, 2017

*Selected Participant*, Grants Academy, University of North Georgia, 2016

*Nominee*, Apple Distinguished Educator Program, 2014

*Recipient*, Excellence in Teaching Award, University of North Georgia, 2012

*Appointee*, Faculty Fellow for Innovative Instructional Technology, Center for Teaching &  
Learning Excellence, University of North Georgia, 2011–2013

*Recipient*, Courtland C. Lee Multicultural Excellence Award, American Counseling Association

2005

*Marion Pope Franklin Fellowship*, The University of North Carolina at Greensboro, 2002

*Advising Certificate of Merit*, National Academic Advising Association, 2002

*Counselor Education Ed.S. Student of the Year*, The University of Alabama at Birmingham, 2001-2002

*Outstanding Advisor of the Year*, The University of Alabama at Birmingham, 2001-2002

*Graduate Scholarship*, National Academic Advisors Association, 2001

*Bright Idea Award*, The University of Alabama at Birmingham–Student Affairs, 2000

*Research Award*, The University of Alabama at Birmingham–Student Affairs, 2000

## Research Interests

Psychology of working

Spirituality in counseling

Internalized prejudice and oppression

Multicultural counseling education

Group process and dynamics

## Grants

*Presidential Summer Award*, University of North Georgia, 2019

*Presidential Summer Award*, University of North Georgia, 2017

*Leaders in Instructional Technology Grant*, University of North Georgia, 2012

*Grant*, iPads in the Classroom Teaching Circle, University of North Georgia, 2011

*Leaders in Instructional Technology Grant*, University of North Georgia, 2011

*Research Grant*, North Carolina Career Development Association Best Practices Grant, 2008

*Research Grant*, Southern Association for Counselor Education and Supervision, 2004

*Research Grant*, The University of North Carolina at Greensboro, Graduate School, 2004

## Publications

Rowell, P. C., Cashwell, C. S., Zambrowicz, R. (In Press) Calm in the storm: The influence of spirituality, dispositional forgiveness, and God concept on anxiety. *Journal of Spirituality in Mental Health*.

Rowell, P. C., & Benschhoff, J. M. (Eds.) (2018). *Processing the process: Art, skills, and applications in counseling and counselor education*. Austin, TX: Sentia.

Pisarik, C. T., Rowell, P. C., & Thompson, L. K. (2017). A phenomenological study of career anxiety among college students. *Career Development Quarterly*, 65, 339-352.

Benschhoff, J. M., Cashwell, C. S., & Rowell, P. C. (2015). Graduate students on campus: Needs and implications for college counselors. *Journal of College Counseling*, 18, 82-94.

Rowell, P. C., Mobley, A. K., Giordano, A., & Kemmer, G. (2014) Validation of a Group Counseling Model of Career Decision Making with College Students. *Journal of College Counseling*, 17, 163-174.

- Pisarik, C. P., Rowell, P. C., & Currie, L. K. (2013). Work-related daydreams: A content analysis. *Journal of Career Development, 40*, 87-106.
- Murray, C. E., Rowell, P. C., & Pope, A. (2010). Action research evaluation of a public awareness campaign assignment in counselor education. *Journal for Social Action in Counseling and Psychology, 2*, 29-47.
- Pisarik, C. P., Rowell, P. C., & Barrio, C. A. (2010) Understanding, assessing, and addressing career indecision: applications of developmental counseling and therapy (DCT) *Tennessee Counseling Association Journal, 3*, 42–51.
- Rowell, P. C. (2010). Group supervision of individual counseling. In N. Ladany & L. J. Bradley (Eds.), *Counselor Supervision* (4th ed.) (pp. 197–214). Philadelphia: Routledge.
- Rowell, P. C. (2009). The Scripted Prejudice-Awareness Narrative Strategy: A clinical supervision process for promoting multicultural competence. *Journal of Counseling Research and Practice, 1*, 43–52.
- Rowell, P. C., & Benschoff, J. M. (2008). The relationship between personal growth group experiences in multicultural counseling courses and counseling students' ethnic identity development. *Counselor Education and Supervision, 48*, 2–15.
- Rowell, P. C. (2008). Inclusion, values, and alliances: She has to quit. In L. E. Tyson, J. R. Culbreth, & J. A. Harrington (Eds.). *Critical Incidents in Clinical Supervision* (pp. 146–148). Alexandria, VA: American Counseling Association.
- Rowell, P. C. (2004). Rescuing: Everything will be okay. In L. E. Tyson, R. Perusse, & J. Whitlege (Eds.), *Critical Incidents in Group Counseling* (pp. 199–201). Alexandria, VA: American Counseling Association.

### **Manuscripts submitted for review**

- Rowell, P. C., Shannonhouse, L., Garner, Z., & Williams, A. Mining the Subjective Inner Experience: Using Mind Maps to Explore the Unspoken in Group Counseling Sessions.
- Rowell, P. C., & Pisarik, C. T. Stories of Internalized Prejudices: Counseling Students' Experience the Scripted Prejudice-Awareness Narrative Strategy.

### **Writing/Research in progress**

- Rowell, P. C., & Wagner, C. Spirituality as a Mediator in the Relationships between Work Volition, Meaning of Work, and Life Satisfaction.

### **Service**

- Department Chair, Counseling, University of North Georgia, 2013-Present*

*Member*, Board of Directors, Association for Spiritual, Ethical, & Religious Values in Counseling, 2019-2022

*Member*, Primary Care Clinic Governance Committee, University of North Georgia, 2016

*Member*, College of Health Sciences & Professions and School of Education Clinical Faculty Line Creation Committee, University of North Georgia, 2016

*Member*, College of Health Sciences & Professions Clinical Service Plan Committee, University of North Georgia, 2015-Present

*Chair*, College of Health Sciences & Professions Constitution Committee, University of North Georgia, 2014-Present

*Chair*, Department of Clinical Mental Health Counseling Admissions & Marketing Committee, University of North Georgia, 2015-Present

*Member*, Department of Clinical Mental Health Counseling Curriculum Committee, University of North Georgia, 2015-Present

*Member*, College of Health Sciences & Professions Executive Committee, University of North Georgia, 2014-Present

*Member*, Department of Physical Therapy Chair's Search Committee, University of North Georgia, 2014-2015

*Member*, College of Health Sciences & Professions Dean's Search Committee, University of North Georgia, 2014

*Reviewer*, Journal of Career Development, 2013-2015

*Member*, Distance Education Advisory Council, University of North Georgia, 2013-2015.

*Program Coordinator*, Clinical Mental Health Counseling Program, University of North Georgia, 2012

*Senator*, Faculty Senate, University of North Georgia, 2012-2015

*Member*, Graduate Council, University of North Georgia, 2012-Present

*Member*, Hoag Lecture Series Committee, University of North Georgia, 2013-2015

*Member*, Academic & Professional Integrity Council, University of North Georgia, 2011-2013

*Member*, Library Committee, University of North Georgia, 2012-2014

*Consultant*, Mountain Lake Center for Marriage and Family, Cumming, GA 2010-Present

*Co-Chair*, Ethics and Professional Development Interest Network, Southern Association for Counselor Education and Supervision, 2010-2013

*Member*, Minority Advisement Program Committee, University of North Georgia, 2010-2012

*Member*, Student Counselor Search Committee, University of North Georgia, 2010

*Clinical Coordinator*, Community Counseling Program, University of North Georgia, 2009-2012

*Faculty Advisor*, Chi Sigma Iota chapter startup, University of North Georgia, 2009-Present

*Member*, Graduate Student Grade Appeals Committee, University of North Georgia, 2009-Present

*Member*, Graduate Student Due Process Task Force, University of North Georgia, 2009-2010

*Coordinator*, College Counseling and Student Development Track, Department of Counseling and Educational Development, The University of North Carolina at Greensboro, 2007-2009

*Member*, Assessment and Outcomes Committee, Department of Counseling and Educational Development, The University of North Carolina at Greensboro, 2008-2009

*Member*, Doctoral Program Revisions Committee, Department of Counseling and Educational Development, The University of North Carolina at Greensboro, 2009

*Editorial Review Board*, The Clinical Supervisor, 2005–2007

*Book Reviewer*, Allyn and Bacon, 2006–2008

*Newsletter Editor*, Chi Sigma Iota, Upsilon Nu Chi chapter, The University of North Carolina at Greensboro, 2003-2004

*Representative*, Chi Sigma Iota, Upsilon Nu Chi chapter, Graduate Student Association, The University of North Carolina at Greensboro, 2002-2003

*Panelist*, Experiencing White Privilege sponsored by First Presbyterian Church of Greensboro, 2003

*President*, Steering Committee, Committee on Academic Advising, University of Alabama at Birmingham, 2001-2002

*Co-Director*, Camp Anytown, Alabama sponsored by The National Conference for Community and Justice, 1999-2002

*Advisor*, Camp Anytown, Alabama sponsored by The National Conference for Community and Justice, 1997-1998



*Facilitator*, Make a Change Leadership Institute sponsored by the National Conference for Community and Justice, 1997-2002

*Board Member*, Friends of Anytown Support Board, The National Conference for Community and Justice, 1997-2002

*Liaison*, Southeast Region, Technology in Advising Commission, the National Academic Advising Association, 1999-2001

### **Professional Memberships**

American Counseling Association  
Association for Counselor Education and Supervision  
Association for Spiritual, Ethical, and Religious Values in Counseling  
Chi Sigma Iota International  
Southern Association for Counselor Education and Supervision

### **Presentations**

Rowell, P. C., Cashwell, C. S., & Young, J. S. (2018, October) Teaching Spirituality in Counselor Education. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Myrtle Beach, SC.

Rowell, P. C. (2017, July). Finding Rhythm: An Experimental Study on an Intervention for Anxiety and Life Satisfaction. Poster presented at the annual conference of the Association of Spiritual, Ethical, and Religious Values in Counseling, Richmond, VA.

Rowell, P. C. (2016, October) Drawing Out and Infusing the Spirit in Counseling and Counselor Education. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, New Orleans, LA.

Pisarik, C. T., & Rowell, P. C. (2016, April) A Qualitative Study of Vocational Anxiety. Program presented at the annual conference of the American Counseling Association, Montreal, Quebec.

Rowell, P. C. (2015, October). The Scripted Prejudice Awareness Narrative Strategy: An Update on Research Findings. Program presented at the bi-annual conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Rowell, P. C. (2015, November). Mining the Subjective, Inner Experiences of Group Counseling Members. Poster presented at the annual Faculty Research Day, University of North Georgia.

Rowell, P. C. (2015, October). Mining the Subjective, Inner Experiences of Group Counseling Members. Poster presented at the bi-annual conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Fletcher, T. B., & Rowell, P. C. (2014, October). Clinical Mental Health Counseling Assessment

- Model: Exploring the First Round of Data. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Birmingham, AL.
- Rowell, P. C. (2013, October). Flipping the Classroom. Program presented at the bi-annual conference of the Association for Counselor Education and Supervision, Denver, CO.
- Rowell, P. C. (2012, September). Mind Maps: Assessing Student Learning and Subjective Inner Experiences in Group Counseling. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Savannah, GA.
- Rowell, P. C., & MaNais, Z. (2012, March). Using Web 2.0 technologies to foster student engagement. Program offered through the Center for Teaching & Learning Excellence at University of North Georgia.
- Rowell, P. C., & MaNais, Z. (2012, February). Flipping the Classroom with Web 2.0 Technologies. Program presented at the annual Online Lifeline Conference, Valdosta, GA.
- Rowell, P. C., & MaNais, Z. (2012, January). The Flipped Classroom Design. Program offered through the Center for Teaching & Learning Excellence at North Georgia College & State University.
- Rowell, P. C. & MaNais, Z. (2011, October). The Flipped Classroom Design. Program offered through the Center for Teaching & Learning Excellence at North Georgia College & State University.
- Rowell, P. C. (2011, October). *Effective Online Courses in Counselor Education*. Program presented at the bi-annual conference of the Association for Counselor Education and Supervision, Nashville, TN.
- Rowell, P. C. (2011, October). *Stories of Internalized Prejudices: Counseling Students' Experience the Scripted Prejudice-Awareness Narrative Strategy*. Poster presented at the bi-annual conference of the Association for Counselor Education and Supervision, Nashville, TN.
- Pisarik, C. T., & Rowell, P. C. (2011, March). *Work-related daydreams: A qualitative content analysis*. Program presented at the annual convention of the American Counseling Association, New Orleans, LA.
- Murray, C. E., Rowell, P. C., & Pope, A. (2010, October). *Promoting Counseling Students' Advocacy Competencies through Service Learning*. Poster presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
- Rowell, P. C. (2010, April). *Stories of Internalized Prejudice: Counseling Students Experience the Scripted Prejudice-Awareness Narrative Strategy*. Program presented at the annual conference of the Licensed Professional Counselor Association of Georgia, Marietta, GA.
- Rowell, P. C. (2009, October). *Stories of Internalized Prejudice: Counseling Students Experience the Scripted Prejudice-Awareness Narrative Strategy*. Program presented at the bi-annual conference of the Association for Counseling Education and Supervision, San Diego, CA.

- Rowell, P. C. (2008, October). *A Qualitative Examination of the Scripted Prejudice-Awareness Narrative Strategy*. Program presented at the bi-annual conference of the Southern Association for Counseling Education and Supervision, Houston, TX.
- Rowell, P. C., & Benshoff, J. M. (2008, October). *Influential Factors on Synchronous Communication in an Online Group Counseling Course*. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Houston, TX.
- Rowell, P. C. (2007, October). *The Scripted Prejudice-Awareness Narrative Strategy: A Process for Promoting Multicultural Competence*. Program presented at the bi-annual conference of the Association for Counselor Education and Supervision, Columbus, OH.
- Rowell, P. C. (2007, October). *The Relationship between Personal Growth Group Experiences in Multicultural Counseling Courses and Counseling Students' Ethnic Identity Development*. Poster presented at the bi-annual conference of the Association for Counselor Education and Supervision, Columbus, OH.
- Rowell, P. C., & Pisarik, C. T. (2007, July). *Using Developmental Counseling and Therapy with College Students Experiencing Career Indecision*. Program presented at the annual conference of the National Career Development Association, Seattle, WA.
- Rowell, P. C. (2006, October). *Creating Connections and Building Relationships in Your Classes by Using the Principles of Group Theory*. Invited program presented to the Maestro educators at the annual convention of Kindermusik International, Greensboro, NC.
- Rowell, P. C. (2006, September). *The Scripted Prejudice-Awareness Narrative Strategy: A Qualitative Method of Helping Supervisees Understand the Nature of Their Internalized Prejudices*. Program presented at the bi-annual conference of the Southern Association for Counselor Education and Supervision, Orlando, FL.
- Rowell, P. C. (2006, September). *The Relationship between Personal Growth Group Experiences in Multicultural Counseling Courses and Counseling Students' Ethnic Identity Development*. Poster presented at the bi-annual conference of the Southern Association for Counselor Education and supervision, Orlando, FL.
- Rowell, P. C. (2006, May). *The Scripted Prejudice-Awareness Narrative Strategy: A Qualitative Method of Helping Supervisees Understand the Nature of Their Internalized Prejudices*. Program presented at the annual Interdisciplinary Conference on Clinical Supervision, Buffalo, NY.
- Rowell, P. C. (2006, May). *Researching Multicultural Awareness in Clinical Supervision*. Program presented at the annual Interdisciplinary Conference on Clinical Supervision, Buffalo, NY.
- Benshoff, J. M., Paisley, P., Murray, C., & Rowell, P. C. (2005, April). *Teaching Graduate Students in the New millennium: New Faces, New Challenges*. Program presented at the annual conference of the American Counseling Association, Atlanta, GA.

- Rowell, P. C. (2004, September). *The Supervision Prejudice-Awareness Narrative Strategy: A Qualitative Approach*. Program presented at the annual conference of the Southern Association of Counselor Education and Supervision, Athens, GA.
- Rowell, P. C., & Pisarik, C. T. (2004, July). *Integrating Career and Spiritual Development with College Students*. Program presented at the annual conference of The National Career Development Association, San Francisco, CA.
- Pisarik, C. T., & Rowell, P. C. (2004, July). *Using Eco-Maps to Assess the Role of Work in People's Lives*. Roundtable discussion conducted at the annual conference of The National Career Development Association, San Francisco, CA.
- Shoffner, M. F., Pisarik, C. T., & Rowell, P. C. (2004, July). *Spirituality and Career Development*. Program presented at the annual conference of The National Career Development Association, San Francisco, CA.
- Rowell, P. C. (2004, February). *Understanding the Relational Effects of Oppression: How Can I Overcome Prejudices?* Program presented at the annual conference of the North Carolina Counseling Association, Charlotte, NC.
- Pisarik, C. T., & Rowell, P. C. (2004, February). *Integrating Career and Spiritual Development with College Students*. Program presented at the annual conference of the North Carolina Counseling Association, Charlotte, NC.
- Rowell, P. C., & Benshoff, J. M. (2003, September). *Making the Case for an Advanced Group Counseling Course*. Program presented at the annual conference of the Southern Association of Counselor Education and Supervision, Chattanooga, TN.
- Pisarik, C. T., & Rowell, P. C. (2003, February). *Developing Counselor Identity*. Program presented at the annual conference of the North Carolina Counseling Association, Charlotte, NC.
- Rowell, P. C., Smith, J. A., & Cecil, L. (2001, October). *Healthy Lifestyles for Academic Advisors*. Program presented at the annual professional development workshop of the Committee on Academic Advising at the University of Alabama at Birmingham, Birmingham, AL.
- Rowell, P. C., Speed, S. K., & Jacobsen, S. H. (2000, October). *Major Pathways of Exploration*. Program presented at the annual conference of the National Academic Advising Association, Orlando, FL.
- Rowell, P. C., & King, T. (2000, March). *Advising Students with Disabilities*. Invited program presented at the annual Alabama state conference of the National Academic Advising Association, Mobile, AL.
- Rowell, P. C., Speed, S. K., & Jacobsen, S. H. (2000, March). *Major Pathways of Exploration*. Program presented at the annual Alabama state conference of the National Academic Advising Association, Mobile, AL.

## Guest Lectures

- Rowell, P. C. (2014, Summer). *Flipping the Classroom*. Invited lecture given to a delegate of visiting faculty from China.
- Rowell, P. C. (2013, Summer). *The Effects of Oppression on Racial Identity Development*. Invited lecture given to CED 688E Multicultural Counseling in Schools online class, The University of North Carolina at Greensboro.
- Rowell, P. C. (2013, Summer). *Flipping the Classroom*. Invited lecture given to a delegate of visiting faculty from China.
- Rowell, P. C. (2012, Summer). *The Effects of Oppression on Racial Identity Development*. Invited lecture given to CED 688E Multicultural Counseling in Schools online class, The University of North Carolina at Greensboro.
- Rowell, P. C. (2011, Fall). *Work-related daydreams: A qualitative content analysis*. Lecture given as part of the Speaker's Series for the Gamma Gamma Epsilon chapter of Chi Sigma Iota.
- Rowell, P. C. (2008, Fall). *Writing in APA Style*. Invited lecture given to the Counselor Education Student Association, The University of North Carolina at Greensboro.
- Rowell, P. C. (2007, Fall). *Writing in APA Style*. Invited lecture given to the Counselor Education Student Association, The University of North Carolina at Greensboro.
- Rowell, P. C. (2006, Fall). *Writing in APA Style*. Invited lecture given to the Counselor Education Student Association, The University of North Carolina at Greensboro.
- Rowell, P. C. (2006, Summer). *Racial Identity Development*. Invited lecture given to CED 688E Multicultural Counseling in Schools online class, The University of North Carolina at Greensboro.
- Rowell, P. C. (2005, Fall). *Writing in APA Style*. Invited lecture given to the Counselor Education Student Association, The University of North Carolina at Greensboro.
- Rowell, P. C. (2004, Fall). *Understanding Oppression and Gender Role Socialization in Helping Relationships*. Invited lecture given to CED 310 Helping Skills, The University of North Carolina at Greensboro.
- Rowell, P. C. (2004, Fall). *Being a Counselor in Higher Education Settings*. Invited lecture given to CED 602 Student Development in Higher Education, The University of North Carolina at Greensboro.
- Rowell, P. C. (2004, Summer). *Understanding Oppression and Gender Role Socialization in Helping Relationships*. Invited lecture given to CED 310 Helping Skills, The University of North Carolina at Greensboro.

Rowell, P. C. (2003, Summer). *Developmental Counseling and Therapy: Assessment and Interventions*. Invited lecture given to the Family Services staff, Three Springs of North Carolina.

Rowell, P. C. (2003, Spring). *Group Work with Marginalized Members*. Invited lecture given to CED 650 Group Counseling: Theory and Practice, The University of North Carolina at Greensboro.

Rowell, P. C. (2003, Spring). *Time Management*. Invited lecture given to CED 210 Career and Life Planning, The University of North Carolina at Greensboro.

Rowell, P. C. (2002, Fall). *Relaxation and Guided Imagery*. Invited lecture given to CED 574C Contemporary Topics: Stress Management, The University of North Carolina at Greensboro.